

PREPARING FOR YOUR KYPHOPLASTY

ONCE YOU HAVE A SCHEDULED DATE FOR THE PROCEDURE, YOU WILL NEED TO PREPARE FOR THE PROCEDURE.

If your physician has ordered any laboratory tests, please ensure these are performed at least 4 days prior to the procedure to make sure the results are back in sufficient time.

A Vascular Institute nurse will call and speak with you prior to your procedure to instruct you on your home medication routine. Typically patients are instructed to:

- Continue to take blood pressure and seizure medications.
- Diabetic medication should be held the morning of appointment, however, please bring this medication with you to take during recovery.
- Patients can bring insulin in to take during recovery.
- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE DAY OF THE PROCEDURE.**
- If you take Glucophage (Metformin), you will likely be asked to hold this after the procedure until your kidney function is checked. Typically this is done 48 hours after the procedure.
- Medications can be taken with a small sip of water.
- Must have a driver to/from appointment.
- Please bring food with you to eat during recovery time.

Your doctor's office will be able to address any additional questions and concerns regarding the procedure. Feel free to call us **(609) 652-6094 • (732) 206-8455 • (856) 362-6056** or visit the website at **vi-ami.com** for more information and to use the scheduling portal.