

UTERINE ARTERY EMBOLIZATION

PREPARATION

Once you have a scheduled date for the embolization procedure, you will need to prepare for the procedure. Please make sure you have completed all of the steps outlined in the sheet labeled "Instructions after UAE Consult" which detail steps to obtain pre-procedure testing.

- 1.) You may have been given a prescription for an NSAID (typically Naproxen) which should be started the day prior to the procedure. Please follow the directions of the ordering physician, but some general guidelines are listed below.
 - **Day prior to the procedure:** Naproxen 500mg in the morning and in the evening. Make sure to take this with food.
 - **Morning of procedure:** Naproxen 500mg in the morning. This dose you cannot take with food as you will need to be fasting for the anesthesia.
 - This medication is a powerful NSAID that will help with pain after the procedure.

- 2.) You may have been given a prescription for an Acid Inhibitor (typically Omeprazole) which should be started the day prior to the procedure. Please follow the directions of the ordering physician, but some general guidelines are listed below.
 - **Day prior to the procedure:** Omeprazole 20mg in the morning.
 - **Morning of procedure:** Omeprazole 20mg in the morning.
 - This medication is an acid blocker that will help protect the stomach from the irritation effects of the NSAIDs. You will continue to take this medication after the procedure.

- 3.) You will need to be fasting for sedation and anesthesia that will be administered during the procedure. This is very important because if you eat we will need to significantly delay or more likely re-schedule the procedure.
 - **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT.**
 - The medications described above are an exception to this.
 - Please take your other medications (ie. blood pressure medications) as well.
 - Medications can be taken with a small sip of water.
 - If you are a diabetic and take insulin, please let us know so we can adjust your dose accordingly.
 - If you take Glucophage (Metformin), you will likely be asked to hold this after the procedure until your kidney function is checked. Typically this is done 48 hrs after the procedure.

Questions regarding pre-procedure testing can be directed to:
609-652-6094, 732-206-8455 or 856-362-6056.